



"Together we work with our guides and angels to raise our vibration and collaborate with each other. In doing so, we move through the world leaving heartful essences of goodness and joy along the way." - Pamela Aloia

Sol Angel encourages us individually and collectively to go within and connect with the heart of our soul so we can share our Light with the world.

See inside for a sampling of **Sol Angel** services.



Opening doorways to your soul

Sessions by appointment

Contact:

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<https://www.facebook.com/solangeloctamore/>



Focusing on

individually and collectively

Enlightening

and expanding our

Life Experiences

www.SOLANGEL.com

an energy center

484-919-0348

Sol Angel services include the below offerings. See solangel.com for a full listing of available sessions, classes, and workshops.

Energy Sessions

Through one of several energetic methods including Reiki, Magnified Healing®, Integrated Energy Therapy®, Angelic Light Weaving, Crystal Healing and more, we work together with your guides and angels to heal physical, emotional, mental, and spiritual aspects. These sessions clear accumulated energy, as well as limiting patterns, entities, and areas that may be sluggish or blocked, resulting in a more relaxed, open, and clear mind, body, and spirit.

Intuitive Consultations

Working with your Guides and Angels and accessing your Akashic Records, we provide insight on general life aspects or specific questions, lessons, and situations in your life. Messages and information from our guides and angels leave us with greater understanding, inspiration, and strength to live authentically aligned with our spiritual selves.

Space Clearings

All spaces hold energy and in some cases, the energy can become stale, cluttered, stagnate, or unbalanced. Some places can even harbor unwanted spirits or heavy energy. Space clearings uplift the energy, remove the tainted aspects and set up programs to help maintain a clear, refreshing, and rejuvenated space.

Celestial Heart Healings

Celestial Heart Healings (CHH) were originally designed to provide connection and clarity after a loved one has moved on. CHH has expanded to bring in varying Beings of Light including connections with angels, fairies, Ascended Masters, guides, and more. Many individuals report feeling peaceful, resolved, and inspired after a session.



Past Life Regression Therapy

Often, we live by certain constructs – patterns of thought and behavior – some from past incarnations that reside within our cellular memory. These carry-over aspects can be beneficial while others may hinder us. In a Past Life Regression Therapy session, we access an initial lifetime where a limiting belief was seeded into our consciousness, and work to remove the emotional attachment of it, releasing its influence within this lifetime.

Similarly, we can revert to a lifetime and unearth an understanding or skill that can positively influence our current lifetime experiences. Past Life Regression Therapy sessions can be quite powerful, clearing, healing, and inspiring in incredibly personal ways.

Individual services are available in person or remotely at 30, 60, and 90 minute increments.

For a full listing of services visit solangel.com.

Life/Grief Coaching

Discover your inner strength, confidence, and creativity to achieve the life of your dreams! In Life Coaching sessions you bring forth a goal or planned shift you'd like to manifest into your life. Together, we access your potential, intuit a plan forward, and apply actions and accountability as the plan unfolds.

In Grief coaching, whether it be the loss of a job, relationship, or a life change has occurred, such as the death of a loved one - including pets - we focus and support you on your unique journey in experiencing grief.

Meditations, Sound Bowls, and Classes

Sol Angel offers various classes, workshops, and experiences including energetic modality certifications, gallery readings, guided meditations, mindfulness sessions, crystal bowl immersions, and discussions around relevant topics for small businesses, corporations, and social celebrations.

Contact us for more information and to schedule on-site gatherings and events.

See upcoming events at solangel.com/events.html.

For Sol Angel celebration packages, check out solangel.com/celebrations_.html.

Sol Angel endeavors to ignite and feed the fires of our Souls.

